



# DECEMBER 2023

## Unatego MS-HS Lunch

Breakfast and Lunch will be served at NO COST to students for the 23/24 school year!  
Menu subject to change without notice.  
Allergen information for menu items is available, ask an employee for details.



PAY FOR MEALS ONLINE  
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



Rodeo Cheeseburger 4  
Tator Tots

Nachos 5  
w/ Meat, Cheese, Salsa  
& Sour Cream  
Refried Beans  
Corn

Turkey, Bacon, & 6  
Cheese Melt  
Chips  
Green Beans

French Toast Sticks 7  
Sausage links  
Sweet Potatoes

Assorted Pizza 1  
Romaine Salad  
w/tomatoes and  
cucumbers

Pepperoni or Three 8  
Cheese Roll  
W/Dipping Sauce  
Romaine Salad  
w/tomatoes and  
cucumbers

Chicken Parmesan or 11  
Chicken Patty  
On A Bun  
Sweet Potato Fries  
Corn

Ham & Cheese 12  
on Pretzel Roll  
Baked Beans

Macaroni & Cheese 13  
WG Roll  
Peas

NY Thursday 14  
Chicken and Vegetable Lo Mein  
NY Diced Chicken  
NY Shredded Green Cabbage, non-  
NY Broccoli Florets, Shredded NY  
Carrots, NY Onions  
Steamed NY Green Beans  
NY Apple, NY Milk

Assorted Pizza 15  
Romaine Salad  
w/tomatoes and  
cucumbers

Grilled Cheese or 18  
Tuna Melt  
Tomato Soup

Tacos 19  
W/Meat, Cheese, Salsa,  
Sour Cream  
Black Beans & Rice  
Corn

Chicken Tenders 20  
French Fries  
Green Beans  
WG Roll

**Holiday Dinner** 21  
Stuffed Shells  
Garlic Texas Toast  
Roasted Brussel Sprouts  
Christmas Fruit Salad

French Bread Pizza 22  
Roasted Broccoli

Merry Christmas 25

Enjoy your 27  
holiday  
break!

HAPPY NEW YEAR!! 29

**Available Daily:** Canned fruit, fresh fruit, fresh veggie, hot veggie of the day.  
PB&J, Yogurt Plate, Sandwich of the Day,  
(Specialty Salads, Yogurt Parfaits & Salad Bar MS/HS only)  
**Milk Choices:** 1% White, 1% Chocolate

### NY Food Vendors:

Diced Chicken: **Morning Star Poultry, Fort Plain, NY**  
Cabbage, carrots, onions, garlic green beans & Apples: **Headwater Food Hub, Ontario, NY**  
Milk: **Upstate Farms, NYS**